AIDS LIFECYCLE
Ride to end AIDS
AIDS/LifeCycle Training Ride

GG Bridge to Fairfax & back			
File Name	Category	Terrain	Mileage
		2	31.2

Ride Leaders:

R = Right L = Left X = Stop BR = Bear Right BL = Bear Left S=Straight (forward)

Mile Marker		Route/Street	Mile Marker		Route/Street
begin		NW Parking Lot: Conzelman & Sausalito Lateral			
0.0	descend	Ft. Baker Bike Path			
0.7	R	Center Road (at stopsign)			
1.0	BR	East Rd (pass Bay Discovery Museum)			
1.7	merge	Onto Alexander Ave- Becomes Bridgeway			
4.7	S	Onto Bike Path (at Mike's Bikes)			
7.0	L	E Blithedale (cross over in c-walk first)			
7.1	R	Camino Alto (begin climb)			
9.7	stop	Cross Redwood Ave, continue on Magnolia			
11.5	L	Woodland Ave (left turn lane at 5 way stop)			
11.6	R	Kent Ave (a zigzag turn past gas station)			
		Kent Ave becomes Poplar Ave, then Ross Cmmn			
12.5	L	Lagunitas Road			
12.7	R	Shady Lane			
13.2	R	Bolinas Ave			
13.3	L	San Anselmo Ave (at stoplight)			
14.0	L	to continue on San Anselmo Ave (not Center!)			
14.7	S	San Anselmo Ave becomes Lansdale			
15.1	R	Pastori- follow bike lane onto Center Blvd.			
15.1	L	On to Center Blvd			
15.4	S	Center Blvd becomes Broadway			
rest	**L**	**Into Fat Angel (at Claus St intersection)**			
		71 Broadway Blvd. Fairfax			
	R	Back on Broadway (retrace route back to bridge)			
16.1	slight R	Onto Bike route/lane at Lansdale			
16.8	R	Continue on San Anselmo Ave.			
17.5	R	Bolinas Ave (stop light)			
17.6	L	Shady Lane			
18.1	L	Lagunitas Road			
18.2	R	Ross Common			
19.0	merge	Onto Magnolia/College Ave			
21.3	Stop	Cross Redwood Ave, continue on Camino Alto			
		begin climbing			
23.3	L	Blithedale (at stoplight)			
23.4	R	Pick up bike path at corner of Blithedale and			
		Rogue Morais.			
25.6	regroup	Mike's Bikes Sausalito			
25.8	L	Bridgeway			
28.8	R	Ft. Baker Road/ East Road			
30.0	BL	Center			
30.5	L	Moore Rd. (past Coast Guard station)			
31.0	**S**	**Follow road, climb back up to parking lot.**			
31.2		**End in Northwest Parking Lot**			