



AIDS/LifeCycle Training Ride

Alpine Dam Loop - Counter-Clockwise

011 MB CCW AD

Ride Leaders:

	4	34.11
Category	Terrain	Mileage

Mile Marker	Route/Street	Mile Marker	Route/Street
0	Start Mike's Bikes	10.79	(1) The Coffee Roastery
0	JOIN Mill Valley Sausalito Bike Path	10.79	S Continue on Bolinas Rd
2.31	L E Blithedale Ave	13.09	S Bolinas Rd becomes Old Bolinas Fairfax Rd
2.41	R Camino Alto	15.84	S Becomes Fairfax Bolinas Rd
3.74	S Camino Alto becomes Corte Madera Ave	18.22	(2) Alpine Dam
5.05	S Corte Madera Ave becomes Magnolia Ave	18.22	S Continue on Fairfax Bolinas Rd
6.86	S Magnolia Ave becomes College Ave	20.37	L Ridgecrest Blvd
7	L Kent Ave	21.15	S Ridgecrest Blvd becomes Bolinas Ridge Rd
7.5	S Kent Ave becomes Poplar Ave	24.01	R Pan Toll Rd
7.74	S Poplar Ave becomes Ross Cmn	25.32	X Panoramic Hwy
7.88	L Lagunitas Rd	25.32	(3) Pantoll Ranger Station
8	R Shady Ln	25.32	R Panoramic Hwy (R from Ranger Station)
8.56	R Bolinas Ave	29.57	L Sequoia Valley Rd
8.6	L San Anselmo Ave	30.27	R Edgewood Ave
9.31	L To stay on San Anselmo Ave	31.04	S Edgewood Ave becomes Molino Ave
10.07	S San Anselmo Ave becomes Lansdale Ave	31.47	L Montford Ave
10.41	R Pastori Ave	31.7	R Miller Ave
10.43	L Center Blvd	32.72	L Mill Valley Sausalito Bike Path
10.68	S Center Blvd becomes Broadway Blvd	34.11	FINISH Mike's Bikes
10.79	L Bolinas Rd		

