



AIDS/LifeCycle Training Ride

Stinson Beach / Pantoll Loop

013 MB SB PT

Ride Leaders:


	4	36.24
Category	Terrain	Mileage


Mile Marker	Route/Street	Mile Marker	Route/Street
0	Start Mike's Bikes	13.37	R SR 1 (Shoreline Hwy)
0	JOIN Mill Valley Sausalito Bike Path	13.66	R Calle Del Mar
1.39	R Exit Bike Path onto Miller Ave	13.68	(3) Becker's Market
2.95	Jog R Presidio Ave (at Millwood St)	13.7	R Continue on SR 1 (Shoreline Hwy)
3.1	R Forrest St	18.17	R Fairfax Bolinas Rd
3.11	L Laurelwood Ave	22.46	R Ridgecrest Blvd
3.21	L Sunnyside Ave	23.24	S Ridgecrest Blvd becomes Bolinas Ridge Rd
3.25	R Miller Ave	26.1	R Pan Toll Rd
3.32	(1) The Depot, Mill Valley	27.4	X Panoramic Hwy
3.35	R Miller Ave	27.4	(4) Pantoll Ranger Station
3.37	L Throckmorton Ave	27.4	R Panoramic Hwy (R from Ranger Station)
3.6	L Cascade Dr	31.64	L Sequoia Valley Rd
3.7	R To stay on Cascade Dr	32.34	R Edgewood Ave
4.02	L Marion Ave	33.11	S Edgewood Ave becomes Molino Ave
4.83	R Edgewood Ave	33.54	L Montford Ave
5.23	L Sequoia Valley Rd	33.77	R Miller Ave
5.93	R Panoramic Hwy	34.78	L Mill Valley Sausalito Bike Path
10.19	(2) Pantoll Ranger Station	36.17	FINISH Mike's Bikes
10.19	L Continue on Panoramic Hwy		

