AIDS LIFECYCLE
Ride to end AIDS
AIDS/LifeCycle Training Ride

Mike's- Reverse Tib Loop		
File Name	Category	Terrain	Mileage
	2	24

Ride Leaders:

R = Right L = Left X = Stop BR = Bear Right BL = Bear Left S=Straight (forward)

Mile Marker		Route/Street	Mile Marker		Route/Street
	start	Mike's Bikes Sausalito			
0.0	R	Onto bike path from Mike's			
2.2	R	end bike path- R- On to Rogue Morais Dr.			
2.4	R	Hamilton			
3.0	R	Frontage Road (parallels freeway, then curves L)			
3.7	R	Seminary Dr.			
3.8	BR	Continue on Seminary Dr. (climb at mi.4.8)			
5.0	BL	Name change to Strawberry Dr.			
6.1	R	Tiburon Blvd			
6.2	R	Greenwood Cove (76 station on corner)			
		Greenwood will appear to end at bike path			
7.0	R	"Brunini" (bike path thru park			
8.3	R	(end of path) onto San Rafael			
9.3	L	Beach			
9.5	BL	Beach Road-			
		re-group Sharks Deli- Beach & Tiburon Blvd.			
9.7	R	Tiburon Blvd. becomes Paradise Drive			
14.9	BR	Pass Trestle Glenn, stay on Paradise Dr.			
18.5	R	Redwood Hwy (take bike path)			
		(the mall will be on your left)			
19.2	L/S	Cross Redwood hwy in cross walk, following			
		bike path lane on Wornum. (left sidewalk)			
19.3	L	Tamal Vista/ becomes Madera Ave.			
	X	Cross Tamalpais at stoplight			
19.5	L	Casa Buena			
	L	**Rest stop/ re-group Peet's Coffee 77 Casa Buena Ave**			
	L	Out the back of parking lot onto Meadowsweet			
20.5	BR	End of Meadowsweet- get on bike path!			
		DON'T GO DOWNHILL			
20.9	S	End of path, continue on Lomita Drive			
21.4	BL	Follow Lomita Drive to the left			
21.8	S	Cross Blithedale, catch Bike Path on corner.			
24.0	**X**	**End Mike's Bikes**			