AIDS LIFECYCLE
Ride to end AIDS
AIDS/LifeCycle Training Ride

SB to Tiburon (out and back) R2		
File Name	Category	Terrain	Mileage
	2	30

Ride Leaders:

R = Right L = Left X = Stop BR = Bear Right BL = Bear Left S=Straight (forward)

Mile Marker		Route/Street
		Out of Sports Basement
0.0	R	Old Mason Street
0.3	R	Halleck
0.5	R	Lincoln Blvd.
2.1	R	Battery East Rd (bike path)
2.3	L	Golden Gate Bridge Bike Path
		cross bridge, go thru parking lot
4.2	R	Conzelman
4.5	L	Sausalito Lateral, becomes Alexander Ave
5.2	L	South Street
5.3	R	2nd Street
5.6	R	Richardson
5.8	L	Bridgeway
8.1	R	Gate 6 Road
8.1		**Rest Stop/ Re-group Mike's Bikes Sausalito**
	R	Marin Bike Path
10.5	R	E. Blithedale Ave
11.2	S	becomes Tiburon Blvd
12.1	R	Greenwood Cove (at 76 gas station)
12.5	S	Greenwood Beach Rd
12.7	S	Brunini (Tiburon Bike Path thru park)
14.8	S	Off bike path on to Tiburon Blvd.
15.4	X	**Rest Stop Shark's Deli**
		1600 Tiburon Blvd., Tiburon
	L	out of Sharks, back onto Tiburon Blvd.
19.5	S	Cross 101, WATCH FWY ENTRANCES!
19.9	BR	onto Ashford (to the right of gas station)
20.0	L	Lomita
20.2	S	Cross Blithedale, get on bike path
22.4		**Re-group/ Mike's Bikes Sausalito**
22.4	R	Gate 6 Road (road behind Mikes)
22.4	L	Bridgeway
25.1	R	Richardson
25.3	L	2nd St. (climb!)
25.6	L	South Street
		becomes Alexander, then Sausalito Lateral
26.1	R	Conzelman (this is after the tunnel!)
26.2	L	GG bridge parking lot
		Cross GG bridge
28.0	R	off of bridge onto bike path (then bear L)
29.0	L	Lincoln Blvd.
29.4	L	Cowles (follow bike route thru stables)
29.5	L	McDowell
29.6	BL	Crissy Field Ave
29.7	R	Old Mason Street
30.3	R	**Into Sports Basement Parking lot**

Mile Marker		Route/Street