AIDS LIFECYCLE
Ride to end AIDS
AIDS/LifeCycle Training Ride

Cotati- Tomales Loop: 55mi.		
File Name	Category	Terrain	Mileage
	3	55

Ride Leaders:

R = Right L = Left X = Stop BR = Bear Right BL = Bear Left >>> = Becomes

Mile Marker		Route/Street	Mile Marker		Route/Street
0.0	START	100 Myrtle Avenue, Cotati			
0.0	R	Myrtle Ave (West)			
0.1	L	Old Redwood Hwy			
0.8	R	W. Railroad Avenue			
2.2	L	Stony Point			
2.4	R	Jewett			
3.4	R	Pepper			
8.0	R	Bodega Avenue			
8.5	L	Spring Hill			
15.6	R	Chileno Valley			
19.5	R	Stay on Chileno Valley			
29.0	L	Tomales- Petaluma			
34.2	R	Hwy 1			
34.4	X	TOMALES BAKERY			
39.5	R	Valley Ford			
42.1	L	Bloomfield			
46.2	R	Canfield			
47.4	R	Stay on Canfield			
48.6	L	Roblar			
52.1	L	Stony Point			
52.9	R	W Sierra Ave			
54.5	R	Valparaiso Avenue			
54.9	>	Valparaiso Becomes Myrtle			
55.0	END	Cotati Dog Park			