AIDS/LifeCycle Training Ride

South Bay Wrap Up Ride

	2	25
Category	Terrain	Mileage

Ride Leaders:

R = Right L = Left X = Stop BR = Bear Right BL = Bear Left S=Straight (forward)

Mile Marker		Route/Street	Mile Marker		Route/Street
0.00	R	Fremont			
2.00	R	Fremont (curves right)			
2.16	L	Foothill Expressway			
3.8	L	El Monte Road			
6.0	L/S	El Monte Road bcomes Elena Road			
6.4	S	Slow down-- fast downhill!			
8.4	L	Purissima			
8.8	L	Arastradero			
9.1	L	Page Mill Rd.			
9.3	R	Arastradero			
11.3	R	Alpine Rd.			
14.4	R	Junipero Serra			
16.8	S	Junipero Serra becomes Foothill Expy.			
22.2	R	Exit Loyola/Miramonte			
22.3	L	Loyola Dr.			
22.4	R	Miramonte			
22.4	L	Fremont			
24.4	L	South Mary			
		Immediate Left into parking lot.			