AIDS LIFECYCLE
Ride to end AIDS
AIDS/LifeCycle Training Ride

Southbay 20 Miler- Los Altos Ride		
File Name	Category	Terrain	Mileage
	1	20.4

Ride Leaders:

R = Right L = Left X = Stop BR = Bear Right BL = Bear Left >>> = Becomes

Mile Marker		Route/Street	Mile Marker		Route/Street
start		**Starbuck's parking lot**			
		1291 S. Mary Ave; Sunnyvale 94089			
	R	Fremont (out of parking lot)			
2.00	R	Fremont (curves right)			
2.16	L	Foothil Expressway			
4.70	L	Edith			
4.90	R	Fremont			
5.20	R	Miranda			
5.70	L	Estacada Dr.			
5.90	R	Manuella Rd.			
6.70	R	Oak Hill Ave			
6.71	R	Arastradero			
6.74	R	Foothill Expressway			
9.10	R	El Monte			
9.50	L	Summerhill Ave			
10.50	R	Magdalena Ave			
10.70	L	Fairway			
11.00	R	Fairway			
11.30	L/S	Fairway- turns into Loyola Dr.			
12.10	S	Loyola			
12.60	R	Foothill Expressway Entrance			
14.10	Uturn	Homestead Rd… stay on Foothill Expwy.			
15.50	R	Exit Loyola/Miramonte			
15.60	R	Miramonte Ave.			
17.00	R	Cuesta Dr.			
17.50	R	Grant Rd.			
18.90	L	Fremont Ave			
20.30	L	S. Mary			
		Immediate left into parking lot!			
		Eat before you're HUNGRY			
		and Drink before you're THIRSTY!!			
		Emergencies- dial 911			