



AIDS/LifeCycle Training Ride

Stinson Beach / Pantoll Loop

213 SBP SB PT

Ride Leaders:

	4	51.36
Category	Terrain	Mileage

Mile Marker	Route/Street	Mile Marker	Route/Street
0	Start Sports Basement Presidio	21.2	R SR 1 (Shoreline Hwy)
0	R Old Mason St	21.48	R Calle Del Mar
0.23	R Halleck St	21.5	(4) Becker's Market
0.47	R Lincoln Blvd	21.53	R Continue on SR 1 (Shoreline Hwy)
2	R Battery East Rd (Bike Route)	26.03	R Fairfax Bolinas Rd
2.25	S Pass under the GG Bridge to the West Sidewalk	30.32	R Ridgecrest Blvd
3.96	L Into Bridge Parking Lot	31.1	S Ridgecrest Blvd becomes Bolinas Ridge Rd
4.14	R Conzelman	33.96	R Pan Toll Rd
4.19	L Sausalito-Lateral	35.26	X Panoramic Hwy
5.14	S Sausalito-Lateral becomes Alexander Ave	35.26	(5) Pantoll Ranger Station
5.37	S Alexander Ave becomes South St	35.26	R Panoramic Hwy (R from Ranger Station)
5.46	R 2nd St	39.51	L Sequoia Valley Rd
5.65	R Richardson St	40.2	R Edgewood Ave
5.69	L Bridgeway	40.97	S Edgewood Ave becomes Molino Ave
8.05	R Gate 6 Rd	41.4	L Montford Ave
8.07	L Gate 6 1/2 Rd	41.63	R Miller Ave
8.11	(1) Mike's Bikes	42.65	L Mill Valley Sausalito Bike Path
8.11	JOIN Mill Valley Sausalito Bike Path	43.99	(6) Mike's Bikes
9.5	R Exit Bike Path onto Miller Ave	44.03	R Gate 6 Rd
11.06	Jog R Presidio Ave (at Millwood St)	44.05	L Bridgeway
11.21	R Forrest St	46.42	R Richardson St
11.23	L Laurelwood Ave	46.46	L 2nd St
11.33	L Sunnyside Ave	46.65	L South St
11.37	R Miller Ave	46.73	S South St becomes Alexander Ave
11.46	(2) The Depot, Mill Valley	46.97	S Alexander Ave becomes Sausalito-Lateral
11.47	R Miller Ave	47.91	R Conzelman
11.49	L Throckmorton Ave	47.96	L Into Bridge Parking Lot
11.73	L Cascade Dr	48.14	R West Sidewalk GG Bridge
11.83	R To stay on Cascade Dr	49.85	S Under GG Bridge veer left for Battery East Rd
12.14	L Marion Ave	50.1	L Lincoln Blvd
12.89	R Edgewood Ave	50.59	L Cowles St
13.07	L Sequoia Valley Rd	50.73	L McDowell Ave
13.77	R Panoramic Hwy	50.79	L Crissy Field Ave
18.02	(3) Pantoll Ranger Station	50.88	R Old Mason St
18.02	L Continue on Panoramic Hwy	51.36	FINISH Sports Basement Presidio

